

## CONTENTS

EXAMPLE

1. List/cards of Doctors on the cover
  - a. Hospice Number
2. Recent Picture of Loved One
3. Table of Contents
4. List of Medications
5. Any recent Physician Notes and Lab Results
6. Power of Attorney (Financial)
7. Advance Healthcare Directive **Medical Power of Attorney**
8. Patient's Diagnosis dated 9/17/09 (filled out by you and the Physician)
9. Eye/Hearing Aid/Teeth information with Medical Insurance RX refill info
10. Family telephone numbers-address book
11. Department of Veterans affairs ID card
12. VA social workers Name and telephone numbers
  - A. VA Eligibility Information
  - B. Palm Desert VA Clinic
13. Copy of Aetna Medicare Insurance card
14. My Days with Dad-his normal daily routine
15. Do's and Don'ts page (Purple Sheet-ALZ Assoc)
16. Stories to Talk About With Dad
17. MedicAlert Safe Return bracelet info (for Loved One and Care Giver)
18. Copy of everything in dad's wallet (or/ he doesn't carry his wallet any more)
19. Neptune Society-dad has pre-paid plan
20. Memorial or Funeral information
21. Placement info. (**If something should happen to you**)